

# Faith at Home

During this time of suspended services and sequestration we invite you to try new ways of worshiping and learning about God at home individually or with your children and family. There are many resources available; the links below are some we believe will be most helpful to you.

May Christ be with you,

Mary Bordley, *Coordinator of Children Ministries, The Episcopal Church of the Good Shepherd*

## Parenting in a Pandemic

Building Faith: Blessing Children in the Home-A simple way to remind children they are loved

<https://buildfaith.org/blessing-children-in-the-home/>

Building Faith: Coronavirus, Anxiety, Children, and The Church

<https://www.facebook.com/169580583069055/posts/3567743153252764/>

Wendy Claire Barrie: Faithful Parenting in a Pandemic

<https://wendyclairebarrie.com/2020/03/17/faithful-parenting-in-a-pandemic/?fbclid=IwAR3mUqcYovQTIYKq2EgZ7TbV1NynrWclgKI85rqNjUW0Ye6B26eE7Z2EJ5U>

Grow Christians: A community of disciples practicing faith at home

<https://www.growchristians.org/>

## At Home Faith Formation Activities and Resources

The Reflectionary: Lectionary Resources for Active Worship for All Ages

<https://vibrant-faith-catalyst.mn.co/topics/2037638>

Illustrated Ministry: Sign Up to Receive Free Weekly Faith Formation Resources for All Ages

<https://www.illustratedministry.com/flattenthecurve>

Faith at Home: Lectionary Readings and Reflections for All Ages

Sign up to receive emails with daily and weekly devotions and activities for all ages

<https://www.dofaithathome.org/>

Vibrant Faith: Free and Simple Family Faith Formation at Home Activities

<https://vibrant-faith-catalyst.mn.co/topics/2037638>

Faith Inkubators: Faith Five

A simple faith practice that can be easily included in your bedtime routine. When done over time, Faith 5 is a meaningful way of grounding our lives in God's word and love for us.

<https://faithink.com/the-faith5-steps>

Online Church Next Courses: Free Prayer and Worship in our Homes course

<https://www.churchnext.tv/library/alternative-formation-for-christians-in-quarantine/114762/about/>

Living Compass Resources, including access to the Living Well through Lent devotional and Facebook discussion group devoted to this devotional

<https://www.livingcompass.org/>

Sharon Ely Pearson: Making an Altar for the Home

<https://rowsofsharon.com/2020/03/24/making-an-altar-for-home/?fbclid=IwAR3gpEJ1t0l8tlzGKzC-pKlQdRI6E8-B9NiSJFCGDekVTfUU73rxSD9co>

## Prayer

Pray as You Go: A website, podcast, and app with guided prayer and scripture reflection from British Jesuits. Including a new “Pray as You Stay” meditation series during the pandemic

<https://pray-as-you-go.org/>

d365: a website and an app with devotionals written specifically for youth and young adults

<https://d365.org/>

Christine V. Hides: Praying with Children During Pandemic

[https://christinevhides.com/2020/03/12/look-for-the-gifts-praying-with-children-during-a-pandemic/?fbclid=IwAR1rPJD6RzZDo3C9mXrjIWGjWD1jRFKp-SvwwsK\\_BfzY5gUpluNHW6K9egU](https://christinevhides.com/2020/03/12/look-for-the-gifts-praying-with-children-during-a-pandemic/?fbclid=IwAR1rPJD6RzZDo3C9mXrjIWGjWD1jRFKp-SvwwsK_BfzY5gUpluNHW6K9egU)

Praying in Color by Sybil MacBeth: A visual, creative, physical way to pray. Handouts tab has printable templates

<https://prayingincolor.com/>

Breath Prayers for Anxious Times from Sarah Bessey

<https://sarahbessey.substack.com/p/breath-prayers-for-anxious-times>

## Resources from the Episcopal Church and the Episcopal Church in East Tennessee

Church Publishing: PDF of the Book of Common Prayer

<https://www.churchpublishing.org/siteassets/pdf/book-of-common-prayer/book-of-common-prayer-2006.pdf>

Worship from Home

Links to church livestreams and praying the Daily Office

<https://www.dioet.org/worship-from-home/>

Habits of Grace: Presiding Bishop Michael Curry’s weekly meditations

<https://episcopalchurch.org/habits-of-grace>